

Raptor Run Safety Protocols:

All runners agree to adhere to our safety protocol:

- 1) Runners will bring a "buddy". Tell your buddy how long you expect to be (half hour, 1 hour, etc...) and provide them with the race map (which can be found online). In case of an accident on our trails, the buddy will know when to come looking for you or to call for help.
- 2) All runners will carry their phone with them. In case of an emergency, dial 911. We also recommend using your phone (see our website for some suggested running/timing apps!) to keep your time.
- 3) Stay on marked paths. Our trail will be marked with signs, arrows and be taped off in some sections. While on the trails, be on the lookout for uneven surfaces, rocks, tree roots, and slippery surfaces.
- 4) We will not have volunteers or water cooler stations. Please bring water to stay hydrated!